



FELLOWSHIP IN COSMETIC GYNECOLOGY

Ozone Hospital, Hyderabad India

11 – 13 September 2026

Day 1: September 11, 2026 (Friday)

S.NO	TIMINGS	TOPICS
1.1	9:00 AM – 9:15 AM	Registration & Introduction to Workshop
1.2	9:15 AM – 1:00 PM	PPT Presentation Non-Surgical Procedures • Energy Based Device • Non-Ablative • Diode Laser • Erbium YAG • Micro Ablative Laser • CO2 Fractional • RF – ThermiVa • HIFU • Jett Plasma for Her II Cosmetic Medicine • Bio Fillers • Chemical Peels • Intimate Peels • PDO Threads • Carboxy Therapy • Exosomes • Nutraceuticals Regenerative Medicine • PRP • PRF • Stem Cells • Nano Fat • SVT – Stromal Vascular Fraction Therapy
1.3	2:00 PM – 5:00 PM	Practical Hands-On • Laser HIFU • G Shot / O Shot • HIFEM Chair
End of the Day 01		



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Day 2: September 12, 2026 (Saturday)

S.NO	TIMINGS	TOPICS
2.1	9:00 AM – 1:00 PM	Surgical Procedures Hands-On Surgical Procedures in OT • Hymenoplasty Micro technique with surgical loops • Labiaplasty Top 3 different techniques • Smart Vaginoplasty With bipolar scissors • Micro Fat Grafting in Labia Majora • Vaginal Designers (Barbie Doll / Mona Lisa Model Vagina) • Clitoral Hoodplasty • Perineoplasty • Vaginal Designers
2.2	2:00 PM – 5:00 PM	Practical Procedure Hands-On • Hymenoplasty • Labiaplasty • Vaginoplasty • Perineoplasty
End of the Day 02		



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Day 3: September 13, 2026 (Sunday)

S.NO	TIMINGS	TOPICS
3.1	9:00 AM – 1:00 PM	Anti-Aging, Longevity & Wellness PPT 1. Biological Age vs Chronological Age 2. IV Ozone Therapy (EBOO) 3. IV Molecular Hydrogen 4. Peptide Therapy 5. TPE Plasma Exchange Therapy 6. IV Stem Cells and Exosomes 7. IV NAD+ 8. IV Glutathione
3.2	2:00 PM – 5:00 PM	Practical Procedure Hands-On • IV Ozone EBOO • Plasma Exchange • IV Hydrogen • IV NAD+ • IV Exosomes
Post-Test, Feedback & Photos		
Study material will be provided to all participants		
Lunch, tea, and snacks will be provided throughout the day		