

# MASTERCLASS IN ADVANCED GYNECOLOGICAL LAPAROSCOPY

**Friday - Day 01 - 12 June 2026**

**Lahore Pakistan**

TIME	Topic	Speaker
08:00 – 08:30	<b>Registration &amp; Welcome Reception</b>	
08:30 – 09:10	Applied Anatomy: Critical Landmarks in Laparoscopy	<b>Dr. Liselotte Mettler</b>
09:10 – 09:40	Ergonomics Optimization: Port Placement & OR Configuration	<b>Dr. Arooba Rahim</b>
09:40 – 10:10	Establishing Pneumoperitoneum: Safe Access & Mitigation	<b>Dr. Mohsin Gilani</b>
10:10 – 10:25	<b>Morning Refreshment Break</b>	
10:25 – 10:55	Systemic Diagnostic Laparoscopy: Technical Standards	<b>Dr. Adila Ashraf</b>
10:55 – 11:25	Surgical Management of Ectopic Pregnancy Protocols	<b>Dr. Liselotte Mettler</b>
11:25 – 11:55	Laparoscopic Ovarian Cystectomy: Tissue Preservation	<b>Dr. Adila Ashraf</b>
11:55 – 12:35	Laparoscopic Myomectomy: Tissue Extraction & Safety	<b>Dr. Arooba Rahim</b>
12:35 – 13:15	Deep Endometriosis, Ureterolysis & Pararectal Space	<b>Dr. Mohsin Gilani</b>
13:15 – 14:00	<b>Networking Lunch</b>	
14:00 – 14:35	Laparoscopic Hysterectomy: TLH vs LSH Comparative Analysis	<b>Dr. Liselotte Mettler</b>
14:35 – 15:05	Laparoscopy in Gravid Patient: Safety & Indications	<b>Dr. Mohsin Gilani</b>

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TIME	Topic	Speaker
15:05 – 15:35	Reconstructive Tubal Surgery	<b>Dr. Arooba Rahim</b>
15:35 – 15:50	Mastering Intracorporeal Suturing	<b>Dr. Mohsin Gilani</b>
15:50 – 16:20	Laparoscopic Repair of Pelvic Floor Defects: Prolapse	<b>Dr. Arooba Rahim</b>
16:20 – 16:40	Laparoscopy in Gynaecological Oncology	<b>Dr. Liselotte Mettler</b>
16:40 – 17:00	V-NOTES	<b>Dr. Adila Ashraf</b>



# MASTERCLASS IN ADVANCED GYNECOLOGICAL LAPAROSCOPY

**Saturday - Day 02 - 13 June 2026**

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## Skill Acquisition (Dry & Wet Lab)

Focus: Precision, hand-eye coordination, and tissue handling.

08:00 – 12:00	<p><b>Dry Lab (Pelvic Trainers)</b></p> <ul style="list-style-type: none"> <li>• <b>Station 1:</b> Camera navigation and 30-degree scope orientation.</li> <li>• <b>Station 2:</b> Hand-eye coordination (Peg transfer, circle cutting).</li> <li>• <b>Station 3:</b> Knot Placement: Intracorporeal and extracorporeal suturing techniques.</li> <li>• <b>Station 4:</b> Port closure simulation on synthetic skins.</li> </ul>
13:00 – 17:00	<p><b>Wet Lab / Tissue Models</b></p> <ul style="list-style-type: none"> <li>• <b>Tissue Handling:</b> Using energy sources (Monopolar/Bipolar) on animal tissue.</li> <li>• <b>Cystectomy Simulation:</b> Peeling "membranes" from balloon/ovary models.</li> <li>• <b>Myomectomy Simulation:</b> Incision and multi-layered suturing on tissue blocks.</li> <li>• <b>Vessel Sealing:</b> Practicing hemostasis and identifying planes.</li> </ul>

**Sunday - Day 03 - 14 June 2026**

**Lahore Pakistan**

## Clinical Application (Live Surgeries)

**Case 1:** Diagnostic Laparoscopy + Chromopertubation

**Case 2 :** Laparoscopic Myomectomy or Ectopic Pregnancy.

**Case 3 :** Total Laparoscopic Hysterectomy (TLH).

**Case 4 :** Cystectomy.